

## Discover how it works with the MBTI®



DP-56 3 Days (21 Hours)

### Description

Many professionals feel a growing need to better understand their personal functioning. This MBTI ® training allows you to both identify your preferences and better understand your differences with others. This training provides each participant with new keys to optimizing their relationships.

### Who is this training for ?

#### For whom

Executive, manager, project manager, assistant, technician and any employee carrying out a professional activity where the quality of the relationship with others is determining to better fulfill their missions.

#### Prerequisites

Aucune

### Training objectives

- Become aware of your impact on others.
- Develop your qualities and potential.
- Improve your relational effectiveness and managerial performance.
- Better understand your personal functioning.

### Training program

Connaître la structure du MBTI ® L'orientation de l'énergie.

- Methods of perception.
- Decision criteria.
- Organizational methods.

Explorer les 16 types de personnalités selon le MBTI ® Les préférences personnelles.

- How each type works.
- The potential strengths and weaknesses.
- The personal development path.

### Comprendre le type de personnalité de son interlocuteur

- What energizes him.
- How he processes information.
- How he decides.
- His relationship to time.

### Développer son efficacité relationnelle

- Value individual differences.
- Use these differences constructively.
- Optimize your management style.
- Apply the model to situations difficult.
- Apply the model to the functioning of your team.