

Supporting the end of life



ML-69 2 Days (14 Hours)

Description

This training will focus on clarifying the specific needs of the person at the end of life in order to define which attitudes are most favorable to the establishment of an efficient caregiver/patient relationship that guarantees the dignity of the person.

Who is this training for ?

For whom

Medical and paramedical professionals concerned with end-of-life support.

Prerequisites

Aucune

Training objectives

- Better meet the expectations of people at the end of life and those around them
- Help caregivers manage the emotional register
- Understand each person's possibilities and the limits in supporting people and those around them
- Develop multi-professional consultation

Training program

Appréhender les représentations autour de la fin de vie

- Know the basic definitions: death, mourning, end of life.
- Understand the importance of cultural factors on the perception of death over time.
- Identify the taboo of death in society and its manifestations in healthcare practice.
- Collective reflection Exchanges on the theoretical and practical knowledge of the participants.

Comprendre le sens des soins palliatifs

- Know the legislative framework for the end of life.
- Announce the diagnosis and entry into palliative care.
- Understand the specific needs of the dying person of life.
- Scenario Study of concrete clinical situations and role-play.

Maîtriser sa réaction face à la mort pour rester professionnel

- Understand the caregiver's representations of death.
- Reconcile the desire to save and let die.
- Integrate your personal conception of death into your practice as a caregiver .
- Analyze the psychological mechanisms put in place to overcome the death of others.
- Manage your emotions.
- Exchanges Analysis of professional practices .

Intégrer l'entourage dans la prise en charge

- Reassure thanks to the intimacy of the bond with the family caregiver.
- Understand and support the suffering of those around you.
- Become aware of the impact of death on the family system.
- Managing the place of loved ones in the terminal phase.
- Helping families enter the grieving process.
- Reflection collective Exchanges on the resources that families have to cope.

Connaître et développer les ressources disponibles dans la prise en charge

- Position the helping relationship in the context of palliative care.
- Adapt your listening to hear what is not said, to understand the anguish of the dying person.
- Use the institution and relays as resources and "container".
- Rely on associations as an external contribution weighing the transfer at stake in the relationship .
- Practical work Simulation of an interview with a patient and/or those close to them.
- Creation of resource sheets.