

The keys and tools of decision-making



EP-35 2 Days (14 Hours)

Description

In the current context, decision-making ability is an increasingly prized talent. The speed and relevance of decisions constitute a major challenge: it involves making choices while managing a significant level of uncertainty. The 'Keys and tools for decision-making' training provides you with an operational methodology and numerous tools to make effective decisions whatever the context of your decision-making.

Who is this training for ?

For whom

Anyone wishing to optimize their decision-making.

Prerequisites

Aucune

Training objectives

- Take ownership of the decision-making process to act wisely.
- Practice decision-making using various analysis and creativity methods and tools.
- Manage the rational and emotional dimensions of the decision.

Training program

En amont du présentiel

- A video, a self-diagnosis.

Décider de décider ! Écouter son intuition pour décider de décider. Identifier les personnes légitimes à prendre la décision.

- Trigger a 'go' decision process.

Définir un objectif positif Utiliser un questionnement puissant pour clarifier un problème confus.

- Break down complex decisions.
- Delimit your decision-making power.
- Define a concrete, realistic and positive objective.

Explorer les solutions

- Explore solutions widely in a group with the brainstorming technique.
- Free creative thinking with the mind map.
- Get out of blockages and go beyond obvious solutions with specific creativity techniques.

Choisir une solution

- Identify cognitive biases that risk distorting the decision.
- Weigh the 'change nothing' option.
- Define decision criteria.
- Compare and combine solutions to arrive at a satisfactory choice.

Transformer la décision en action

- Create an emotional trigger to manage resistance to risk-taking and move from the solution to the decision.
- Use a powerful method to imagine the action plan.
- Formalize the action plan in concrete terms.

Après le présentiel, mise en œuvre en situation de travail

- A strengthening program to practice daily for weeks.
- To learn more about remote activities A video 'Effective decision making'.