

## Develop your managerial skills through exemplarity practicing the A.C.E model (Altruism Competence Exemplarity)



ML-59 2 Days (14 Hours)



### Description

An essential quality of a manager is that of applying to oneself what one asks of others. This internship will allow you to adopt a new managerial behavior centered on a fair balance in the relationship with your colleagues, to develop confidence and individual efficiency.

### Who is this training for ?

#### For whom

Experienced, hierarchical and cross-functional managers, project managers.

#### Prerequisites

Aucune

### Training objectives

- Understand and develop your altruism Strengthen your charisma by relying on your strengths Practice exemplarity in your daily professional life Create relationships of trust using the A
- C
- E model

### Training program

#### Développer son altruisme

- Define altruism.
- Identify the elements and benefits of altruism.
- Expand your field of vision on others, events and yourself .
- Master the position of perception.
- Increase your sense of observation and listening.
- Develop your intuition.
- Scenario Scenario on mastering a perception position and analysis of the result obtained.

#### Identifier ses compétences managériales

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- Identify your strengths and values ??at work.
- Define your professional and personal limits.
- Know how to transmit knowledge.
- Recognize mistakes and agree to change perspective.
- Develop your adaptability.
- Collective reflection Identify your skills and personal areas for progression.
- Exchanges .

#### Renforcer son charisme

- Identify your communication objectives.
- Understand and adapt your body language.
- Transmit a positive attitude.
- Develop your sense of 'anticipation.
- Using multiple behavioral intelligences.
- Scenarios Filmed scenarios: knowing how to use multiple intelligences to increase your charisma.

#### Pratiquer l'exemplarité

- Understand the notion of exemplarity.
- Differentiate between "being fair" and "being exemplary".
- Transmit your passion.
- Develop your role as a mentor.
- Communicate "feedforward" and know how to construct feedback.
- Strengthen your creativity.
- Scenario Filmed scenarios: communicate "feedforward", develop adaptability.
- Collective debriefing.

#### Intégrer le modèle A.C.E dans son management

- Master transformational language.
- Search for the factual, develop neutrality.
- Carry out a personal and professional analysis, develop questioning to move forward.
- Define objectives, goals to achieve.
- Use visualization as a mental preparation tool.
- Scenario Role plays on implementation personal data of model A.
- C.
- E.
- Shares.